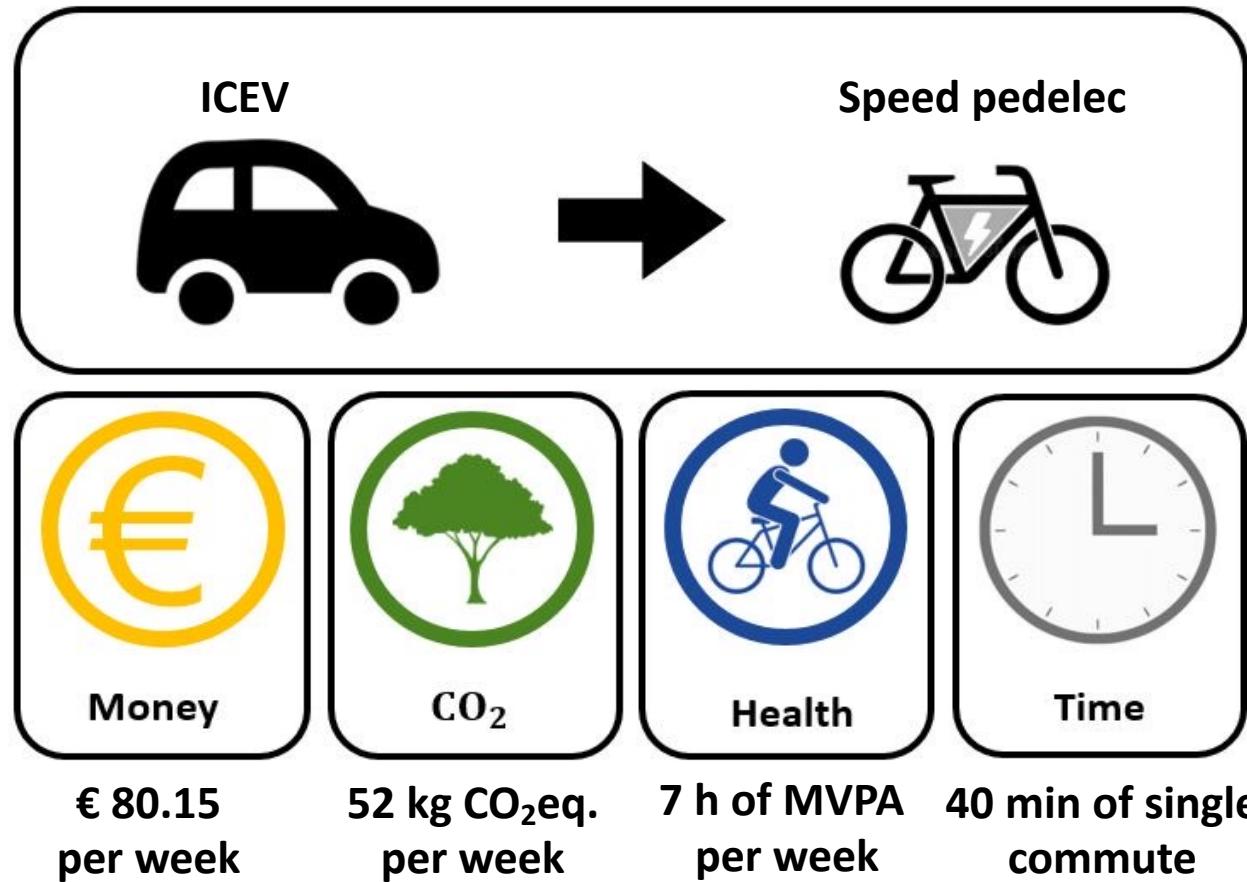




Quantifying the benefits of switching to an e-bike

A multi-criteria calculation tool

Multi-criteria calculator



- ⌚ 22.9 km (average commute)
- ⌚ Full time job
- ⌚ ICEV to speed pedelec

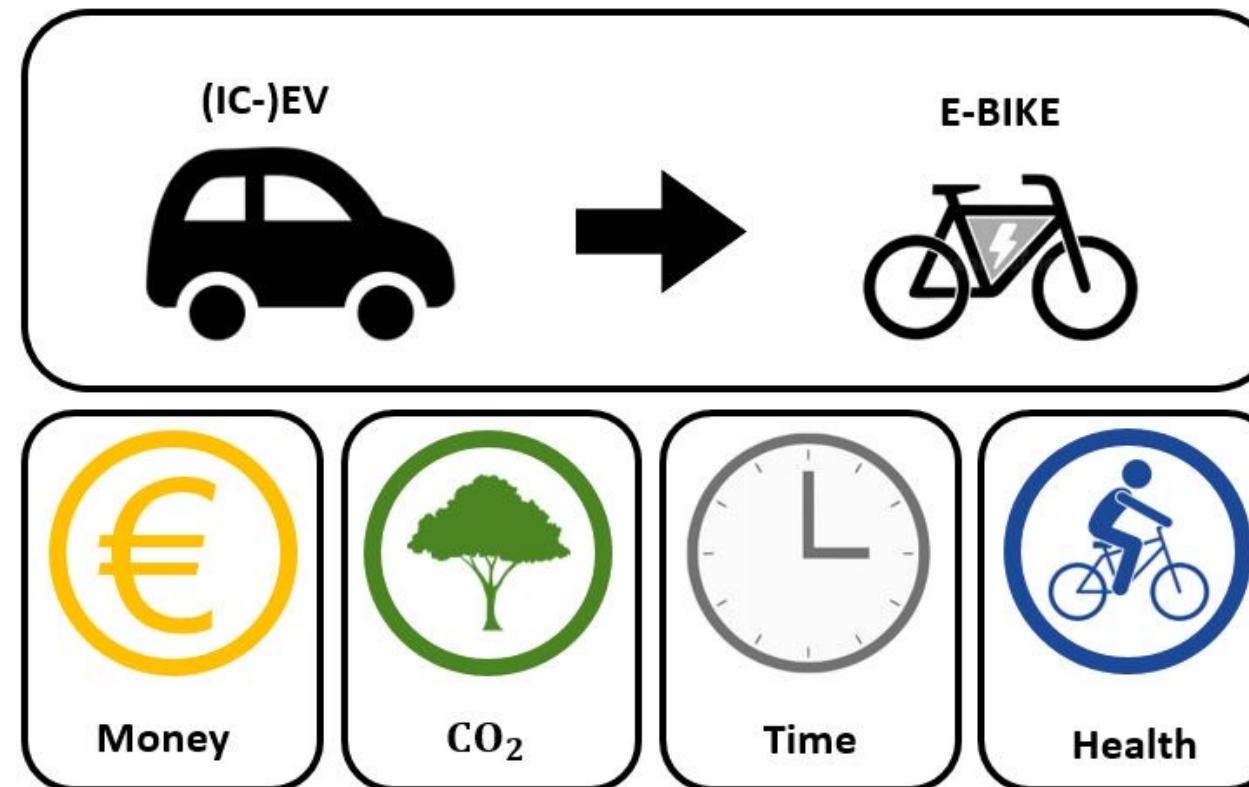
So how did we calculate this?

First some background



Multi-criteria calculator

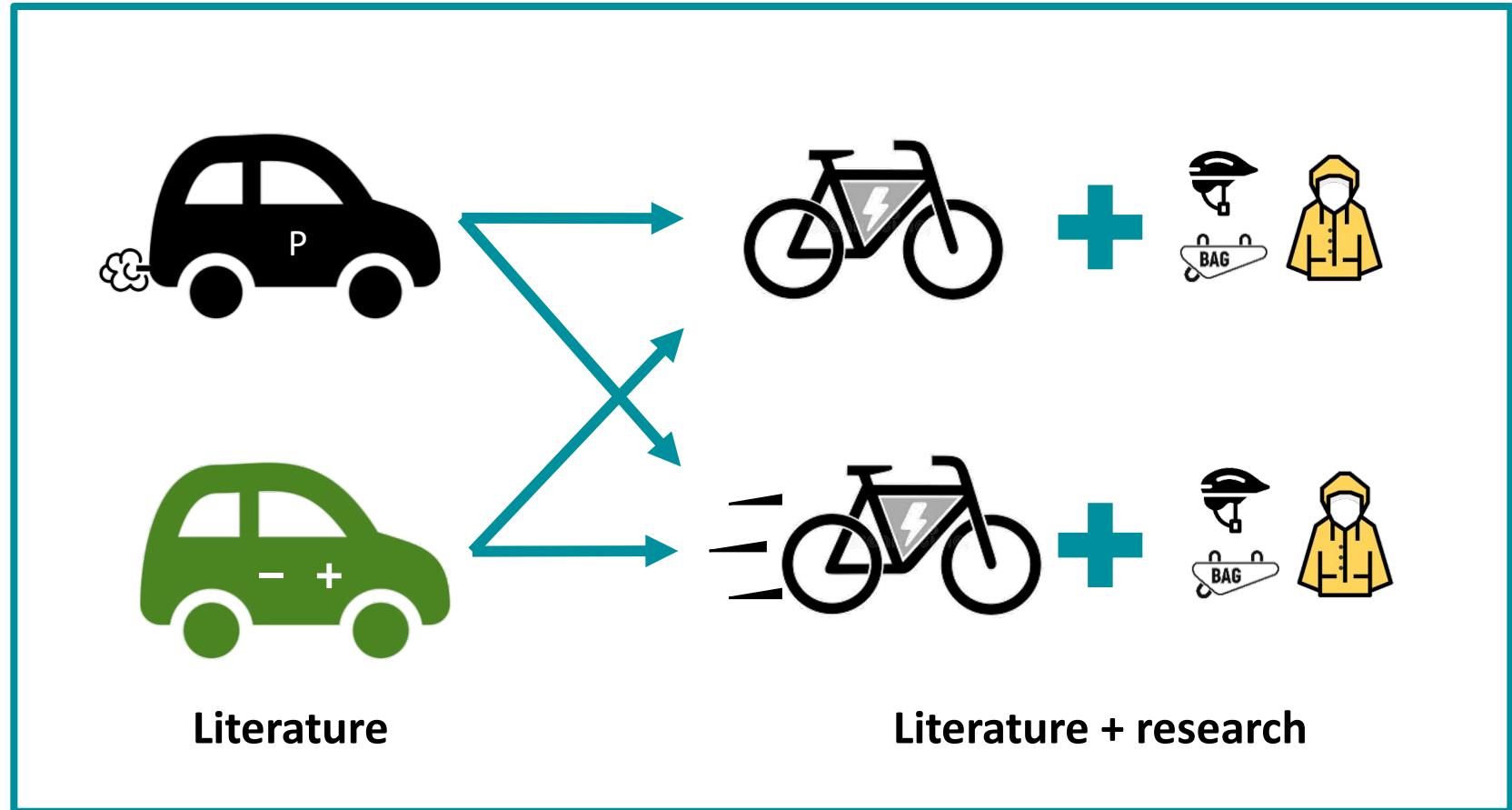
as a decision-making tool



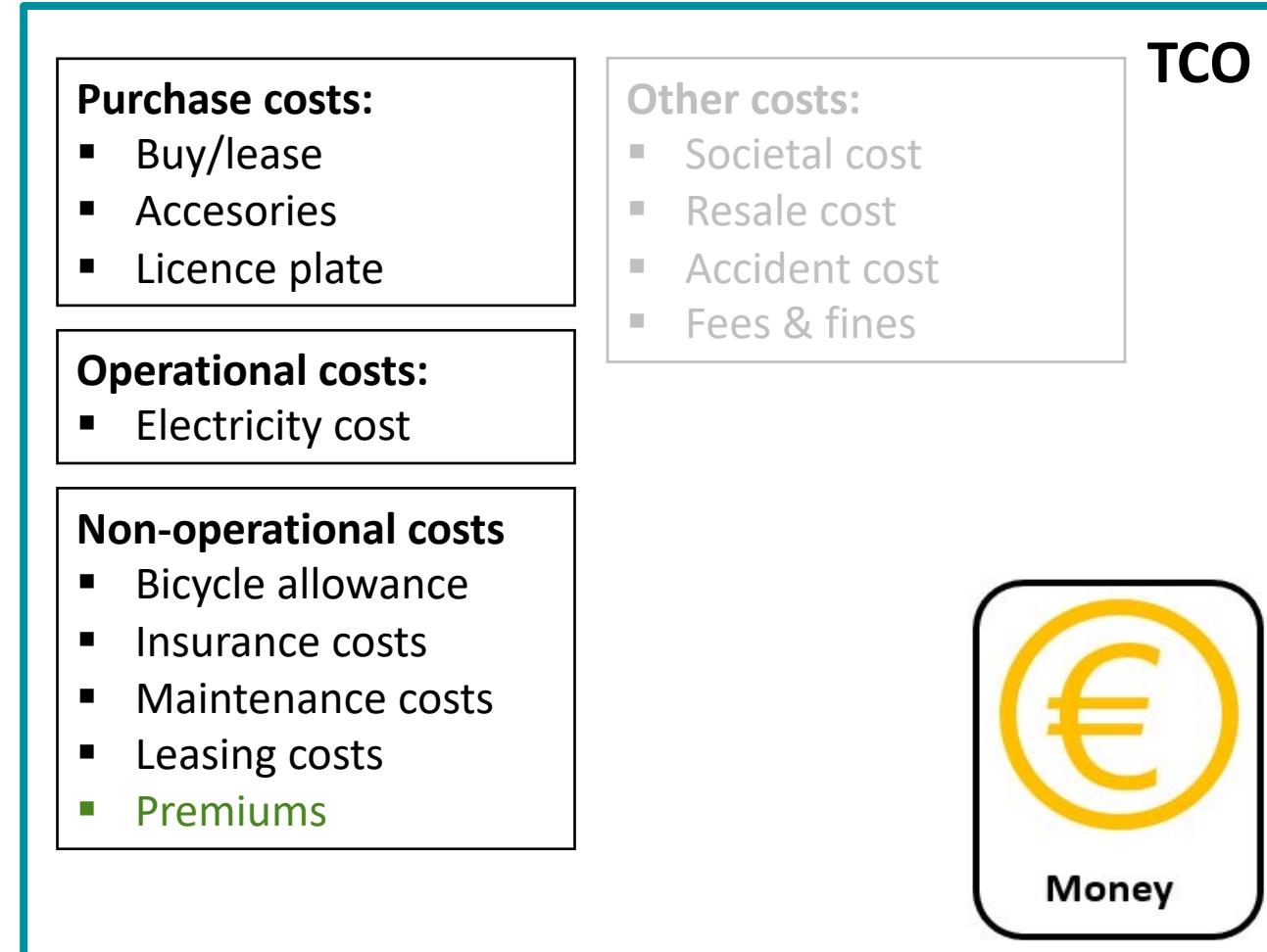
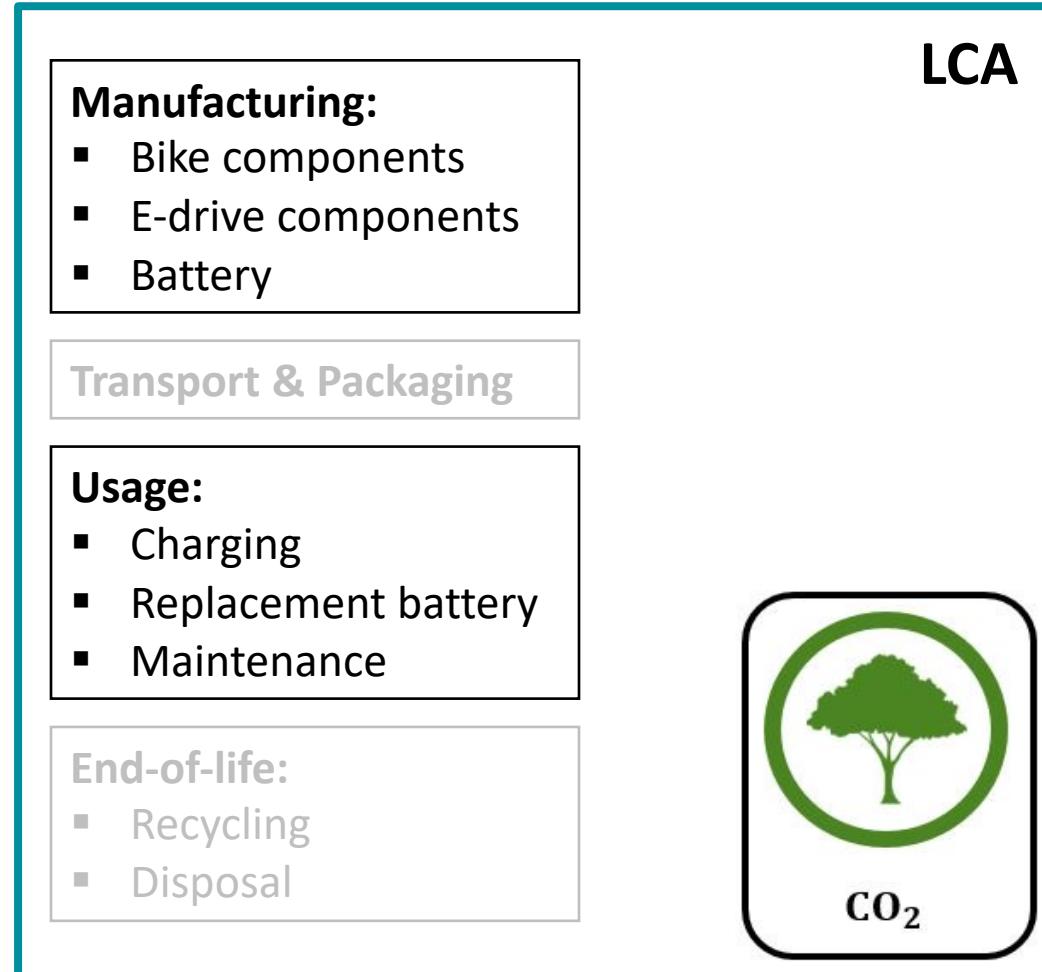
Methodology

- 🚲 Literature study on **TCO & LCA** for ICEV, BEV, speed pedelec & pedelec
- 🚲 Market study with over 131 models for speed pedelecs **prices**
- 🚲 Desktop study of **insurances, leasing prices, e-bike components, ...**
- 🚲 Questionnaire to e-bike repair shops on **maintenance**
- 🚲 Personae based on average Belgian

System boundaries



System boundaries



Assumptions



Ownership



8 years

Work year



220 days in
52 weeks

Real discount rate



- 0.5 %

Electricity price



0.35 €/kWh

Maintenance



Every 3000 km

Extra kilometres



15 km/week for pedelec
20 km/week for speed pedelec

Battery



500 Wh
500 cycles

Purchase price



Pedelec: € 2,050
SP: € 5,700

Metabolic Equivalent Task



E-cycling:
> 3

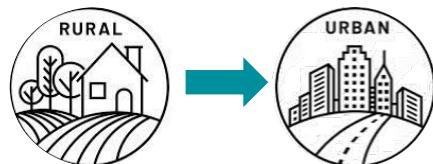


City: 20.6 km/h; 28.2 km/h
Cruising: 22.2 km/h; 34.2 km/h

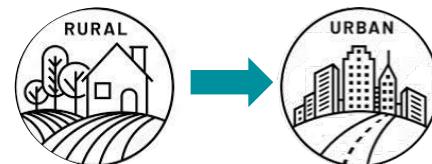
Personae



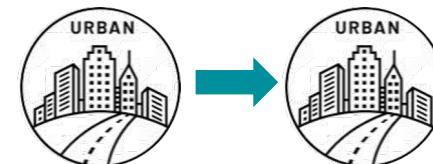
- 🚲 22.9 km
- 🚲 Full time job
- 🚲 0.24 €/km



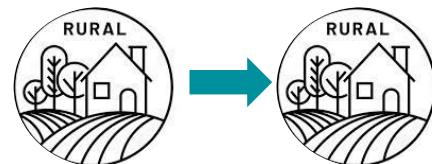
- 🚲 22.9 km
- 🚲 4/5 time job
- 🚲 0.15 €/km



- 🚲 30 km
- 🚲 2/5 time job
- 🚲 0.24 €/km



- 🚲 10 km
- 🚲 Full time job
- 🚲 0.24 €/km



General results



Minimum > 855000 MVPA²
Better > 300 MVPA²



≈ 10 kgCO₂ eq.¹



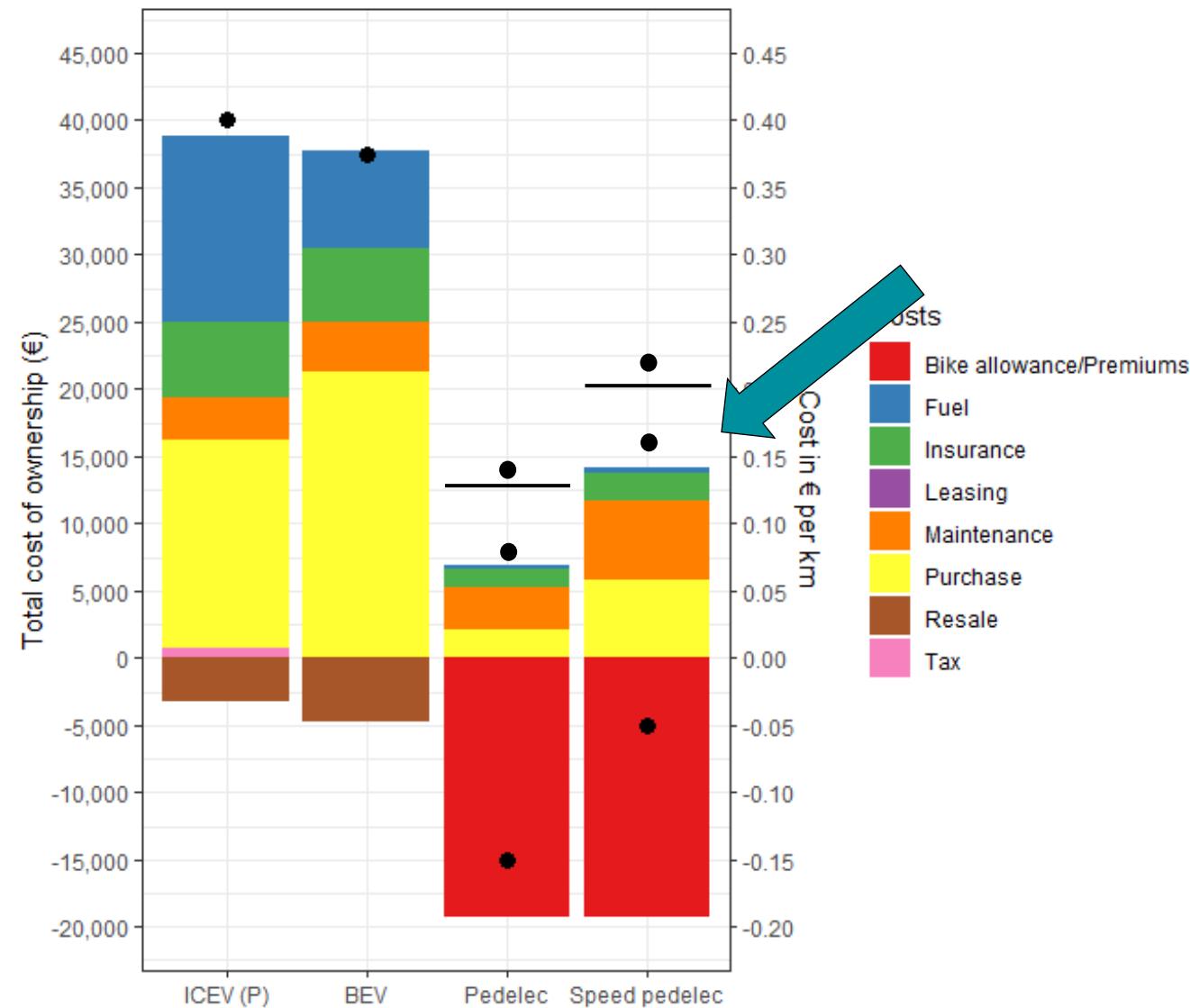
	Pedelec 22.9 km	SP	Pedelec 22.9 km	SP	Pedelec 39 km	SP	Pedelec 10 km	SP
Cost [€/km]	Full time job -0.08 0.01	0.24 €/km	4/5 time job 0.03 0.15 €/km	0.12	2/5 time job -0.04 0.09	0.24 €/km	Full time job -0.01 0.12	0.24 €/km
CO₂ [gCO ₂ /km]	7.4	11.4	7.6	12.1	8.7	12.9	9.9	13.8
Time [min]	63	42	63	42	83	56	27	18
Fitness [min/week]	628	416	502	333	331	224	272	179

- Poore, J. & Nemecek, T., (2018). Reducing food's environmental impacts through producers and consumers. *Science*, 360(6392), 987–992. <https://doi.org/10.1126/science.aaq0216>
- Nagata, J. M., Vittinghoff, E., Gabriel, K. P., Garber, A. K., Moran, A. E., Sidney, S., ... Bibbins-domingo, K. (2021). Physical Activity and Hypertension From Young Adulthood to Middle Age. *American Journal of Preventive Medicine*, 60(6), 757–765. <https://doi.org/10.1016/j.amepre.2020.12.018>

TCO



TCO of vehicles with bike allowance

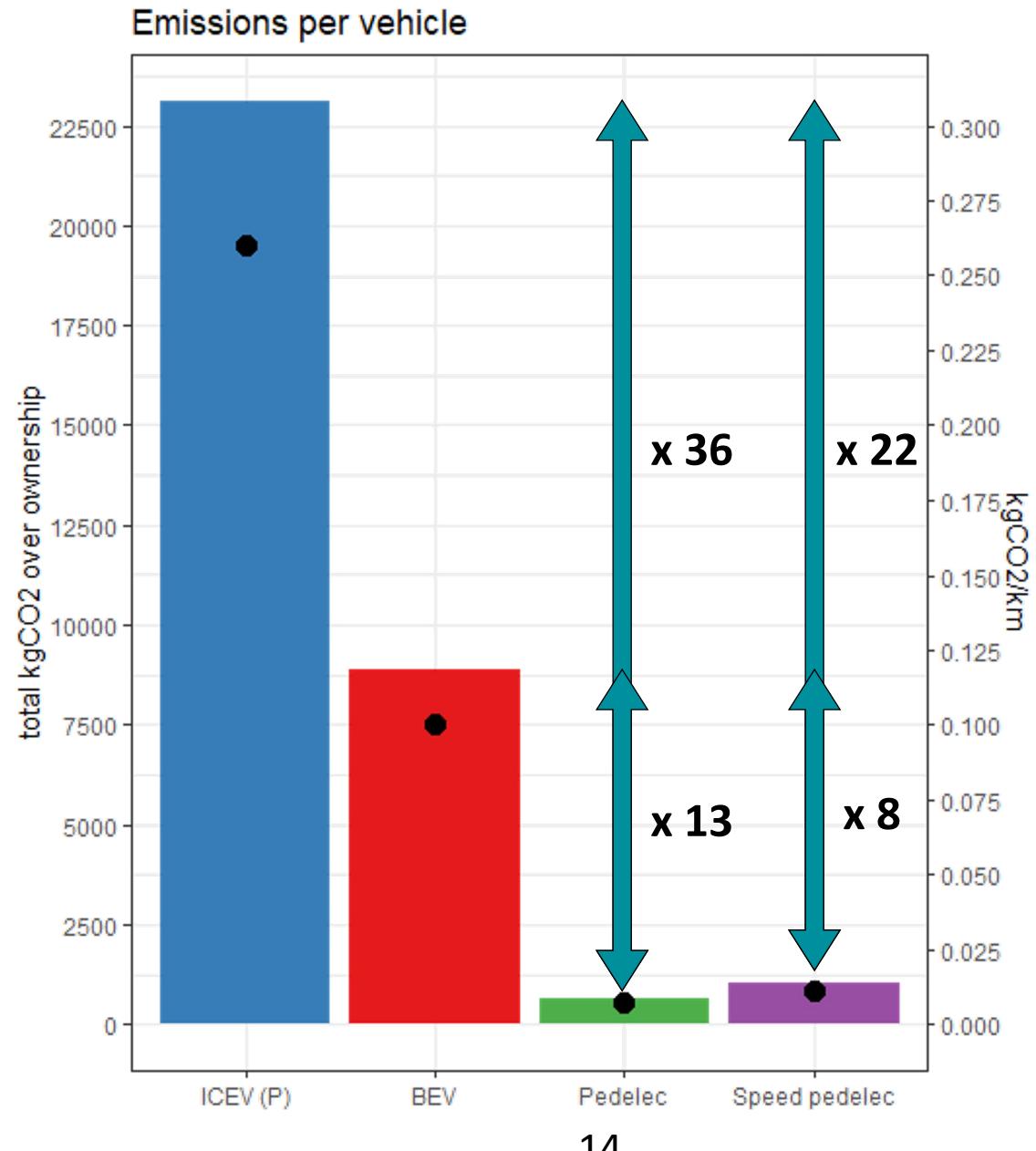


Purchase vs. Leasing → Leasing is better



Cost [€/km]	Persona 1	Persona 2	Persona 3	Persona 4	
	Ped.	SP	Ped.	SP	
Leasing	-0.10	-0.02	0.00	0.07	-0.06
Purchase	-0.08	0.01	0.02	0.12	-0.04

CO₂



Conclusion

- 🚲 First calculator in this form.
- 🚲 Clarity on specific numbers.
- 🚲 More analysis needed on sensitivity.
- 🚲 A switch to an e-bike has significant positive impact on the money, CO₂ and fitness.
- 🚲 More research is needed.

Questions?



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